Fitness & Sports



Photo by SSgt. Steve Ball

Reach for it!

The Seminoles Rick Parsons goes up for a shot during youth basketball action Tuesday at the youth center as Sean Kinne (21) tries to block. The youth basketball playoffs begin Sunday.

High school boys win 1, lose 1

Red Lancers beat Croughton

The Red Lancer Boys played the Croughton Hadites Saturday in their last conference game. They beat the Hadites with style and grace 64 - 28. Croughton only has seven players and their coach, Patrick Jones, is a military volunteer.

RAF Lakenheath started three freshman, DeShawn Campbell, Joey Barton, and Zach Bramante. Bramante had an excellent game scoring 18 points and ripping 21 rebounds. First-year player, senior Shane Honan turned his 12 rebounds into eight points. Campbell poured in 16 points while pulling down 12 rebounds.

The Red Lancers finished conference play tied with the American School in London with a record of 8 - 2 but the Lancers lost the Conference championship to the American School in London by one point.

"It was a coaching mistake," said Gary Webb, high school basketball coach. "We beat them pre-conference by 27. In conference games, we split 1-1. At the American School in London, we were up 10 points with a minute left and I wanted to get all the players in the game. We won by four. But when they came here to play, we lost by five. I never expected officiating to have such an impact on the game. (The team) lost the conference championship by a point."

The Red Lancers finish playing in the United Kingdom Tournament today at Lakenheath. They are the No. 1 seed. The winner of the tournament wins a berth to the Central European Championships held at Mannheim, Germany, Feb. 19 - 21. The Lady Red Lancers secured a berth in the championships at Mannheim by winning the conference with a 10-0 record.

Blue Lancers lose to Alconbury

In another nailbiter, the Blue Lancers Boys lost to the Alconbury Dragons in the closing seconds 58 - 56. Three times this year, the Blue Lancers have been involved in a game where the final outcome was dictated in the closing seconds. They lost to London Central by one point, beat London Central by one point last week, and now lost to the Dragons by one. The Blue Lancers are loaded with ability but their opponents always seem to raise their play to another level.

Sports Shorts

Liberty Football Club

The Liberty Football Club beat Southbury Football Club Saturday at RAF Feltwell by a score of 1-0. Andrew Vails scored his fourth goal of the season at the 75-minute mark. He was assisted by Travis Clark.

Both sides saw a lot of attack. Southbury showed up with 10 players, but the player of the game was the Southbury keeper, who fended off most of the attacks.

Saturday, the Liberty club plays at Fornham Three Kings, in Fornham St. Martin. Their record is 4 - 2 - 9.

Baseball, softball teams

Tryouts for the youths traveling baseball and softball teams are at RAF Feltwell. Anyone between 13 and 18 is eligible to try out. From 9 a.m. - 6 p.m. March 8 and 1 - 4 p.m. March

9 are practices. From 9 a.m.. - 4 p.m. March 15 and 1 - 4 p.m. March 16 are the evaluations. For more information, call Ext. 3735 or 89-2990.

Soccer

The RAF Mildenhall youth soccer season registration begins Saturday. People between 5-18 are eligible. For details, call 89-2990.

Youth hockey

Youth in-line hockey registration continues until March 1. The season begins March 15 and a clinic is March 4 - 7. For more information, call 89-2990.

'Step Out'

The fitness and sports center sponsors "Step Out," a two-hour step aerobic class. The class is 10 a.m. - noon Feb. 22 and is open to

all identification card holders. For more information, call Lorraine Botwright at Ext. 3607.

Skating

SUPPLY 1 SUPPLY 2

The skating rink sponsors Valentine's Day skating from 7-11 p.m. today for identification card holders 13 and over. Admission is two-for-one for couples.

Registration for skating lessons begins today at the skating rink.

For more information, call Ext. 1627.

Basketball all-star day

The fitness and sports center sponsors an intramural-basketball all-star day Feb. 22. The day includes the intramural championship game and the over 30's championship game. There is also a three-point shoot-out and a slam-dunk contest. For details, call Ext. 2391.